



PATENTS TRADEMARKS COPYRIGHTS

3500 South First Avenue Circle - Suite 250
Sioux Falls, South Dakota 57105-5802RECEIVED
CENTRAL FAX CENTER

DEC 21 2004

Date: 12/21/04Fax Number: (703) 872-9306To Examiner: Crow, Stephen R.Group Art: 3764From: Jeff Proehl Mark Ekse Robert K. HuckStephanie Voigt Cheryl Edblom OtherRE: Appln. No. 10/023,412 Filing Date: 12/14/01 Applicant Lampreda
Formal Response to OA mailed 9/27/04Total Number of Pages (Including cover sheet): 8 (Please call us as soon as possible if you do not receive all pages).Certificate of Transmission

I hereby certify that this correspondence is being facsimile transmitted to the Patent and Trademark Office to:

FAX No. (703) 872-9306 or FAX No. (703)on the 21 of December, 2004.Steph Voigt
SignatureSteph Voigt
Printed NamePRIVILEGE AND CONFIDENTIALITY NOTICE

The information contained in this fax message is privileged and confidential information intended only for the use of the individual or entity named below. If the reader of this fax message is not the intended recipient, or the employee agent responsible to deliver to the intended recipient, you are hereby on notice that you are in possession of the confidential and privileged information. Any dissemination, distribution or copying of this communication is strictly prohibited. You will immediately notify the sender by telephone of your inadvertent receipt. Return the original fax message to sender at the address herein given via the United States Postal Service.

Leonard & Proehl, Prof. L.L.C.

(605) 339-2028

3500 S. First Avenue Circle
Suite 250

Fax - (605) 336-1931

Appln. No. 10/023,412
Amendment dated December 21, 2004
Reply to Office Action mailed September 27, 2004

RECEIVED
CENTRAL FAX CENTER

DEC 21 2004

Attorney's Docket No. 21-0116
Client's Docket No. DNF276

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Appln. No. 10/023,412)
First Named Applicant: RODERICK D LAMPREDA)
Filed: 12/14/2001)
For: EXERCISE DEVICE)

TC/A.U.: 3764)
Examiner: Crow, Stephen R)

Mail Stop Non-Fee Amendment
Commissioner for Patents
P.O. Box 1450
Alexandria, VA 22313-1450

DEPOSIT ACCOUNT AUTHORIZATION

The Commissioner is hereby authorized to charge any fees under 37 CFR 1.16(b), 1.16(c), and 1.17 which may be required by this paper to Deposit Account No.: 503041.

AMENDMENT

Sir:

Responsive to the Office Action mailed September 27, 2004, please amend the application as follows:

Amendments to the Specification: NONE.

Amendments to the Claims are reflected in the listing of claims which begins on page 2 of this paper

Amendments to the Drawings: NONE.

Remarks/Arguments begin on page 6 of this paper.